



**Sikh  
Youth  
Australia**



# 6<sup>TH</sup> SIKH LEADERSHIP DEVELOPMENT PROGRAM

**6PM 25<sup>TH</sup> JUNE - 4PM 27<sup>TH</sup> JUNE 2010**

Closing Date 13<sup>th</sup> June 2010

## **CONFERENCE CENTRE**

Sydney Academy of Sport & Recreation, Wakehurst Parkway, Narrabeen  
(30 mins North of Sydney CBD)

## **\$220 PER PERSON**

Register and pay online at [www.sikhyouthaustralia.com](http://www.sikhyouthaustralia.com)

Discounts available for interstate participants (see back page)

This year we have embarked on a new direction by engaging successful entrepreneurs and trainers to deliver an internationally accredited leadership training program called PX2™. It is a corporate program used by 60% of Forbes 1000 companies in the USA and within Australia by the National Australia Bank, Coca Cola and the WA Dept of Education. Michael Phelps and the USA Olympic Swim Team (Beijing) used this program to achieve the highest gold medal tally ever!

Designed exclusively for young people, the program will teach you to be an effective thinker and give you real practical skills which will make an impressive difference in your own life as well as help others around you.

### **For further information**

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## What is PX2?

A curriculum of The Pacific Institute® (TPI) designed exclusively for young people, focusing on unlocking and leveraging potential by understanding your mind. PX2™ is an internationally recognized course - you can find out more about the program at [www.thepacificinstitute.us](http://www.thepacificinstitute.us)

## Why is it important to learn how your mind works?

- Your current beliefs and attitudes shape your expectations for the future.
- Being in control of what you think gives you the power to change the way you live your life.
- Understanding how your mind works promotes self-confidence, self-esteem and a strong ethical centre.
- PX2™ is a tool used by businesses and their employees to create outstanding teams, leaders and ongoing success.
- **PX2™ is a life-changing experience.**

## Traits of a PX2™ Graduate:

- Heightened self-confidence
- Self-motivated
- Accountable in all aspects of their lives
- Goal and end-result oriented
- Open-minded and flexible
- Creative
- Sensitive to the behaviour of other people
- Effective decision-maker
- Understand how to manage disappointment
- Empower achievement over and over

**Each graduate will be given their own personal workbook/ manual as well as a certificate of attendance issued by The Pacific Institute.**

## Tailored content right for you

Following feedback, we have segmented this year's Program into different age groups. The facilitators will be using the latest communication techniques and drawing on their own unique experiences to target content to each segment and maximise its effectiveness.

## PX2™ plus so much more...

Back by popular demand, SYA is pleased to have Veer Manpreet Singh Ji from the UK to lead the kirtan and meditation sessions and Shankar Ramiah to run Yoga classes during the weekend. SYA is also currently negotiating to bring a highly successful Australian business identity on board to inspire our Sikh youths and share what it takes to be an outstanding community leader in Australia.

## Cost

The cost of this program in the corporate sphere - inclusive of accommodation, meals and materials - is **\$2500 per person**. Through the kind sewa of the facilitators and contributors, SYA can offer this program to the Sikh youth of Australia for **\$220 per person**.

## PROGRAM FACILITATORS



### ASH SINGH

Nominated as Asia's best young entrepreneur in 2009, Ash Singh returns to his 3rd SYA Leadership Program as a trained facilitator for PX2. Aged 28 years and a father to be, Ash is the managing director of Interactive SG - a versatile digital media ventures company

based in Singapore, specialising in in-game advertising, product placements and web application development. Ash's start-up has collaborated on projects with companies such as Mattel, ESPN, Nickelodeon, McDonald's and the Singapore Government and is expecting a turnover of \$5-7 million this year – a growth of 100% over last year. In his free time, Ash promotes his favourite hobby, turbans, through his website Turbanizer.com.



### JASBIR SINGH

Cycling 2000km across the state of Alaska, Jasbir has explored the depths of the human spirit. There is more in us than we can possibly imagine and it is this very message he shares in PX2, drawing on his experiences as an avid adventurer, youth leader and Bhanga-Fitness entrepreneur. Jasbir

has just graduated with majors in Psychology and Political Science from the Singapore Management University and will embark on a Graduate Law program in August this year.



### SARA YIK

A legal graduate from Kings College London, Sara started her career with Singapore's largest industrial conglomerate JTC Corporation as their Senior Legal Counsel. She became Associate Principal of McKinsey & Company in 2000. As a core member of McKinsey's Organization

Practice in Asia, Sara conducted cutting edge applied research in organisational change and leadership development. She was one of the co-founders of the McKinsey Centre for Asian Leadership. In 2008 she became the Managing Director, Callahan Associates. Sara has worked with many business leaders across the Asia-Pacific to develop their goals and strategies, build high-performance teams and enhance their personal leadership effectiveness. She is also a Project Director and Master Facilitator with The Pacific Institute® USA.



### VEER MANPREET SINGH

A Bachelor of Commerce graduate from India and a having completed Masters degree in the UK on the comparative analysis of seven world religions, Veer Manpreet has developed a unique brand of Kirtan and Satsang across the world. Based in UK, he is a regular contributor on

Punjab Radio UK and the European-based Sikh Channel. After two SYA Summer Camps, Veer has developed strong fan base in Australia. He will arrive in Sydney following an extensive tour of Malaysia, Singapore and Indonesia.



## TESTIMONIALS

*“The workshop activities at this event were fantastic. Skills I gained in presentations and the formation of concepts/ideas are used in my professional life daily.”*

*“The opportunity to meet with and talk to successful Sikh entrepreneurs and leaders from around the world was really inspiring – I was surprised at how willing they were to share their experiences and knowledge, I really took a lot back with me.”*

*“Being able to meet and network with other professional Sikh youth from around Australia was reason enough for me to attend – some promising opportunities have already arisen!”*

*“The morning Simran and yoga sessions were simply amazing... they really put you in the right frame of mind to get the most out of the intensive daily program.”*



**DON'T MISS OUT ON THIS UNIQUE OPPORTUNITY – NUMBERS ARE STRICTLY LIMITED!**

Secure your spot by registering online at  
[www.sikhyouthaustralia.com](http://www.sikhyouthaustralia.com) before **13<sup>th</sup> June 2010**

Interstate participants from Qld, Vic, SA, Tas, WA and NT will receive a discounted enrolment fee.  
Please contact [info@sikhyouthaustralia.com](mailto:info@sikhyouthaustralia.com) BEFORE registering online if this applies to you.

**Kindly supported by Australian Sikh Association,  
Sikh Mission Centre, and Revesby and Minto Gurdwaras.**